EXPRESSIONS DANCE THEATRE

2022-2023 DANCE & MUSICAL THEATER

"IMAGINATION WILL TAKE YOU EVERYWHERE." - ALBERT EINSTEIN

LITTLE MOVERS UNDER 7

STUDENTS ENROLLED IN OUR TODDLER - 2ND GRADE DANCE CLASSES PARTICIPATE IN BOTH A WINTER AND SPRING RECITAL! ACRO PRESCHOOL WILL INSTEAD HAVE OBSERVATIONS SCHEDULED WITHIN THE SEASON TO SHOWCASE GROWTH IN ACROBATIC SKILLS.

TINY TOTS | AGE 3

INTRO TO BALLET & TAP MON. 5:45PM-6:30PM THURS. 9:30-10:15AM THURS. 5:00-5:45PM

ACRO PRESCHOOL | AGES 3-5

INTRO TO ACROBATICS MON. 5:00-5:45PM THURS. 10:15-11:00AM

B-BOP AGES 5-7

INTRO TO HIP HOP TUES. 5:00-5:45PM WED. 6:15-7:00PM

MINI MOVER | AGE 4

BALLET & TAP MON. 4:15-5:00PM THURS. 11-11:45AM THURS. 5:45-6:30PM

MINI MOVER 2 | AGE 5

BALLET & TAP MON. 6:30-7:15PM TUES. 5:45-6:30PM THURS. 11-11:45AM

MINI MOVER 3 | AGE 6

BALLET & TAP WED. 5:15-6:15PM THURS. 6:30-7:30PM

MINI SESSION CLASSES

NOT READY FOR THE COMMITMENT OF A FULL SEASON? TRY ONE OF OUR 8-10 WEEK MINI SESSIONS THAT OCCUR SEPT-NOV, JAN-MAR, AND MAR-MAY! WE OFFER A PARENT OBSERVATION AT THE END OF EVERY SESSION SO YOU CAN SEE YOUR CHILD'S GROWTH!



AGE 2

SONG & DANCE FOR YOUR TODDLER!

TEACHER & CHILD ONLY CLASS

THURS. 10:00-10:30AM

\$160/SESSION



AGES 4-7

MEDITATION, MINDFULNESS &
LEADERSHIP LESSONS FOR YOUNG KIDS
THURS. 4:30-5:15PM
\$190/SESSION

IMAGINATION MOVERS

AGES 4-6
BALLET & TAP
WED. 4:15-5:00PM
\$190/SESSION

AND A LITTLE SOMETHING FOR THE ADULTS!



TUES. 8:30-9:15PM \$190/SESSION

HIP HOP

STUDENTS ENROLLED IN OUR HIP HOP CLASSES PARTICIPATE IN BOTH A WINTER AND SPRING RECITAL! OUR TEACHERS USE FUN MUSIC THAT IS DEVELOPMENTALLY APPROPRIATE, AND KIDS ARE ENCOURAGED TO LET LOOSE AND HAVE FUN WHILE LEARNING FUN HIP HOP COMBINATIONS. PLEASE SEE TABLE ON REVERSE SIDE FOR MONTHLY DANCE TUITION INSTALLMENTS.

B-BOP AGES 5-7

INTRO TO HIP HOP TUES. 5:00-5:45PM WED. 6:15-7:00PM HIP HOP 1 AGES 8 & UP

BEGINNER HIP HOP TUES. 5:45-6:30PM

HIP HOP 2

*ADV. BEGINNER TUES. 5:00-5:45PM HIP HOP 3

*INTERMEDIATE
TUES. 6:30-7:15PM

HIP HOP 4

*ADVANCED
WED. 7:30-8:15PM

*PLACEMENT IN UPPER LEVEL HIP HOP CLASSES ARE DEPENDENT UPON PREVIOUS SKILL LEVEL COMPLETION AND EXPERIENCE. NOT NECESSARILY AGE OF STUDENT, PLEASE CONTACT US FOR PLACEMENT IN HIP HOP 2 AND ABOVE.

ACROBATICS

WE ARE PROUD TO BE AN ACROBATIC ARTS-CERTIFIED STUDIO!

OUR PROGRAM IS BASED ON SAFE AND EFFECTIVE PROGRESSIONS WITH PROVEN RESULTS IN FIVE DIVISIONS OF ACRODANCE: FLEXIBILITY, STRENGTH, BALANCING, LIMBERING, AND TUMBLING. SIMPLE, THOUGHTFUL PROGRESSIONS TAKE THE BEGINNER PRESCHOOL LEVEL DANCER FROM LOG ROLLS AND SOMERSAULTS TO THE ADVANCED DANCER TUMBLING EFFORTLESSLY ACROSS THE STAGE! PLEASE SEE TABLE ON REVERSE SIDE FOR MONTHLY DANCE TUITION INSTALLMENTS.

ACRO PRESCHOOL - AGES 3-5

INTRO TO ACROBATICS FOR TODDLERS,
PRESCHOOLERS, AND KINDERGARTENERS!
MON. 5:00-5:45PM

THURS. 10:15-11:00AM

*ADVANCED BEGINNER TUES. 6:30-7:15PM

ACRO 2

ACRO 3

*INTERMEDIATE
THURS. 7:15-8:00PM

ACRO 1 | AGES 6 & UP

BEGINNER ACRO THURS. 4:15-5:00PM

*PLACEMENT IN ACRO 2 AND ABOVE IS BASED ON SUCCESSFUL COMPLETION OF ACROBATIC SKILLS IN PREVIOUS LEVELS. PLEASE CONTACT US FOR PLACEMENT



TECHNIQUE CLASSES FOR JUNIORS, PRETEENS, & TEENS

TECHNIQUE CLASSES ARE GREAT FOR THE BEGINNER DANCER OR FOR DANCERS WHO HAVE EXPERIENCE WITH BALLET, TAP, JAZZ, AND/OR LYRICAL TECHNIQUE. PLACEMENT IS BASED ON PRIOR DANCE KNOWLEDGE AND OVERALL TECHNIQUE.

STUDENTS ENROLLED IN OUR TECHNIQUE CLASSES HAVE THE OPPORTUNITY TO PARTICIPATE IN OUR WINTER AND SPRING RECITALS! THIS WILL DEPEND ON THE SHOW AND GENRES SELECTED. STUDENTS MUST ALSO BE ENROLLED IN A BALLET CLASS TO TAKE JAZZ OR LYRICAL TECHNIQUE AT ANY LEVEL.

JUNIOR TECHNIQUE | AGES 7-10

TAP JAMZ 1: WED. 4:30-5:15PM

JUNIOR TECH BALLET & JAZZ: WED. 5:15-6:15PM

PRETEEN TECHNIQUE | AGES 10-13

PRETEEN TECH LYRICAL: MON. 4:15-5:15PM PRETEEN TECH BALLET: MON. 5:15-6:15PM PRETEEN TECH JAZZ: TUES. 6:30-7:15PM TAP JAMZ 2: TUES. 7:15-8:00PM

TEEN TECHNIQUE | AGES 12 & UP

TEEN TECH LYRICAL: WED. 7:15-8:00PM
TEEN TECH BALLET: WED. 8:00-8:45PM
TAP JAMZ 3: THURS. 7:30-8:15PM
TEEN TECH JAZZ: THURS. 8:15-9:00PM



IT'S NOT TOO LATE
TO TRY SOMETHING
NEW!
WE WOULD BE
HAPPY TO
EVALUATE YOUR
DANCER AND FIND
THE BEST FIT FOR
SUCCESS!

MUSICAL THEATER JAZZ | AGES 12 & UP

THIS CLASS COMPLEMENTS OUR MUSICAL THEATER PROGRAM!
IT'S ALSO GREAT FOR DANCERS WANTING TO EXPLORE MUSICAL
THEATER-STYLE DANCE.
MONDAYS 8:45-9:30PM

MONTHLY DANCE TUITION INSTALLMENTS

1 CLASS - \$70 2 CLASSES - \$120

3 CLASSES - \$160

4 CLASSES - \$200

5 CLASSES - \$240

PLEASE READ OVER OUR STUDIO POLICIES UPON REGISTRATION WHICH WILL INCLUDE INFORMATION ON OUR ANNUAL EDT MEMBERSHIPS, RECITAL COSTUMES, & MORE! CONTACT US WITH ANY QUESTIONS.

CLASSES BEGIN ON MONDAY, SEPTEMBER 12TH!

MUSICAL THEATER

STUDENTS WILL HONE THEIR ACTING SKILLS EACH WEEK AND GAIN MORE CONFIDENCE IN HOW TO BE SUCCESSFUL IN AN AUDITION. THE CLASS WILL INCORPORATE MONOLOGUES, GROUP VOCAL TRAINING, AND DEVELOPMENT OF ACTING SKILLS TO HELP A STUDENT FEEL PREPARED, CONFIDENT, AND READY TO BE PART OF A LARGE STAGE PRODUCTION!

WE ARE EXCITED TO ANNOUNCE OUR 2022 WINTER SHOW....



DECEMBER 16-18, 2022 AT

ST. HENRY DISTRICT HIGH SCHOOL

AUDITIONS WILL TAKE PLACE DURING CLASS ON SEPTEMBER 19TH. MORE INFO TO

COME ONCE YOUR CHILD IS REGISTERED!

MUSICAL THEATER KIDS | AGES 5-9

MONDAY 6:15-7:00PM \$75 MONTHLY

MUSICAL THEATER JUNIORS | AGES 10 & UP

MONDAY 7:15-8:45PM \$90 MONTHLY



A STORY OF TRUE LOVE AND ACCEPTANCE BETWEEN SISTERS, FROZEN JR. EXPANDS UPON THE EMOTIONAL RELATIONSHIP AND JOURNEY BETWEEN PRINCESSES ANNA AND ELSA. WHEN FACED WITH DANGER, THE TWO DISCOVER THEIR HIDDEN POTENTIAL AND THE POWERFUL BOND OF SISTERHOOD. WITH A CAST OF BELOVED CHARACTERS AND LOADED WITH MAGIC, ADVENTURE, AND PLENTY OF HUMOR, FROZEN JR. IS SURE TO THAW EVEN THE COLDEST HEART!



REMARKABLE MOVEMENT IS A DANCE PROGRAM FOR KIDS AND TEENS WITH INDIVIDUAL LEARNING DIFFERENCES AND PHYSICAL CHALLENGES!

OUR DEDICATED RHYTHM WORKS CERTIFIED INSTRUCTOR AND STUDENT ASSISTANTS WILL GUIDE DANCERS THROUGH A FUN CLASS EACH WEEK, FOCUSING ON LARGE AND SMALL MOTOR SKILLS, RHYTHM, COORDINATION, AND MORE!

REMARKABLE KIDS | AGES 4-9



FRIDAY 4:15-5:00PM \$70 MONTHLY

REMARKABLE KIDS | AGES 10 & UP

FRIDAY 5:00-5:45PM **\$**70 **MONTHLY**

PARENTS/CAREGIVERS ARE WELCOME TO STAY DURING THE CLASS IF NEEDED!

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